

Cognition & Emotions MCQ

Question 1: What is the term for mental processes such as thinking, remembering, problem-solving, and decision-making? a) Emotions b) Cognition c) Perception d) Motivation

Answer: b) Cognition

Question 2: What is the term for the mental process of actively and strategically selecting, organizing, and interpreting information? a) Learning b) Cognition c) Intelligence d) Perception

Answer: b) Cognition

Question 3: Which cognitive process involves using existing knowledge to understand new information or experiences? a) Accommodation b) Equilibration c) Assimilation d) Disequilibrium

Answer: c) Assimilation

Question 4: What is the term for the process of modifying existing cognitive structures in response to new experiences? a) Assimilation b) Accommodation c) Equilibrium d) Scaffolding

Answer: b) Accommodation

Question 5: According to Piaget, what term refers to the state of cognitive balance when new experiences fit existing schemas? a) Assimilation b) Accommodation c) Equilibrium d) Disequilibrium

Answer: c) Equilibrium

Question 6: What theory emphasizes the role of mental processes in understanding, organizing, and using information from the environment? a) Behaviorism b) Cognitivism c) Constructivism d) Humanism

Answer: b) Cognitivism

Question 7: Which of the following is an example of a cognitive process? a) Feeling happy b) Running in a race c) Solving a math problem d) Eating a meal

Answer: c) Solving a math problem

Question 8: What is the term for the process of using evidence to support conclusions and decisions? a) Problem-solving b) Inquiry c) Critical thinking d) Scientific investigation

Answer: c) Critical thinking

Question 9: Which theory suggests that learning occurs through the interaction between cognitive processes and the social environment? a) Behaviorism b) Cognitivism c) Social learning theory d) Constructivism

Answer: d) Constructivism

Question 10: What term refers to the ability to think logically and systematically about concrete events and objects? a) Concrete thinking b) Formal operational thinking c) Preoperational thinking d) Sensory-motor thinking

Answer: a) Concrete thinking

Question 11: What theory proposes that cognitive development occurs through stages, each characterized by distinct ways of thinking? a) Behaviorism b) Cognitivism c) Constructivism d) Piaget's theory

Answer: d) Piaget's theory

Question 12: What term refers to the process of fitting new information into existing cognitive structures? a) Assimilation b) Accommodation c) Equilibrium d) Scaffolding

Answer: a) Assimilation

Question 13: What term refers to the mental representation of an object or concept that is not physically present? a) Perception b) Assimilation c) Scaffolding d) Schema

Answer: d) Schema

Question 14: According to Vygotsky, what is the term for the difference between what a child can do with help and what they can do independently? a) Assimilation b) Accommodation c) Scaffolding d) Zone of proximal development

Answer: d) Zone of proximal development

Question 15: What is the term for a mental process that involves using knowledge and thinking skills to deal with new situations? a) Learning b) Cognition c) Intelligence d) Thinking

Answer: d) Thinking

Question 16: What term refers to the process of modifying existing cognitive structures in response to new experiences? a) Assimilation b) Accommodation c) Equilibrium d) Scaffolding

Answer: b) Accommodation

Question 17: Which of the following is an example of a cognitive process that involves problem-solving? a) Feeling happy b) Blinking in response to light c) Figuring out a riddle d) Breathing

Answer: c) Figuring out a riddle

Question 18: What is the term for the mental process of interpreting and making sense of sensory information? a) Perception b) Cognition c) Emotion d) Motivation

Answer: a) Perception

Question 19: According to Piaget, what term refers to the process of adapting existing schemas to incorporate new experiences? a) Assimilation b) Accommodation c) Equilibrium d) Disequilibrium

Answer: b) Accommodation

Question 20: What is the term for the cognitive process of organizing and categorizing information to make it easier to remember and retrieve? a) Accommodation b) Assimilation c) Encoding d) Retrieval

Answer: c) Encoding

Question 21: Which theory emphasizes the role of intrinsic motivation and the need for personal growth in the learning process? a) Behaviorism b) Cognitivism c) Humanism d) Constructivism

Answer: c) Humanism

Question 22: What is the term for the ability to adjust one's thinking to match the requirements of a task? a) Cognitive flexibility b) Cognitive development c) Cognitive load d) Cognitive schema

Answer: a) Cognitive flexibility

Question 23: What term refers to the process of using evidence to make informed decisions or reach conclusions? a) Problem-solving b) Inquiry c) Critical thinking d) Decision-making

Answer: d) Decision-making

Question 24: Which theory suggests that learners actively construct their understanding of the world based on their experiences and interactions? a) Behaviorism b) Constructivism c) Cognitivism d) Humanism

Answer: b) Constructivism

Question 25: What term refers to a mental process that involves using knowledge and thinking skills to deal with new situations? a) Learning b) Cognition c) Intelligence d) Thinking

Answer: d) Thinking

Question 26: What is the term for a mental process that involves using knowledge and thinking skills to deal with new situations? a) Learning b) Cognition c) Intelligence d) Thinking

Answer: d) Thinking

Question 27: Which cognitive process involves reorganizing and modifying existing schemas in response to new experiences? a) Accommodation b) Equilibration c) Assimilation d) Disequilibrium

Answer: a) Accommodation

Question 28: What is the term for the process of using evidence to support conclusions and decisions? a) Problem-solving b) Inquiry c) Critical thinking d) Scientific investigation

Answer: c) Critical thinking

Question 29: What term refers to the process of fitting new information into existing cognitive structures? a) Assimilation b) Accommodation c) Equilibrium d) Scaffolding

Answer: a) Assimilation

Question 30: What term refers to the mental representation of an object or concept that is not physically present? a) Perception b) Assimilation c) Scaffolding d) Schema

Answer: d) Schema

Question 31: According to Vygotsky, what is the term for the difference between what a child can do with help and what they can do independently? a) Assimilation
b) Accommodation c) Scaffolding d) Zone of proximal development

Answer: d) Zone of proximal development

Question 32: Which cognitive process involves actively selecting and processing information from the environment? a) Perception b) Motivation c) Emotion d) Encoding

Answer: a) Perception

Question 33: What term refers to the process of modifying existing cognitive structures in response to new experiences? a) Assimilation b) Accommodation c) Equilibrium d) Scaffolding

Answer: b) Accommodation

Question 34: According to Piaget, what term refers to the process of adapting existing schemas to incorporate new experiences? a) Assimilation b) Accommodation c) Equilibrium d) Disequilibrium

Answer: b) Accommodation

Question 35: What is the term for the cognitive process of organizing and categorizing information to make it easier to remember and retrieve? a) Accommodation b) Assimilation c) Encoding d) Retrieval

Answer: c) Encoding

Question 36: What term refers to the ability to think logically and systematically about abstract concepts? a) Concrete thinking b) Formal operational thinking c) Preoperational thinking d) Sensory-motor thinking

Answer: b) Formal operational thinking

Question 37: What is the term for the cognitive process of organizing and categorizing information to make it easier to remember and retrieve? a) Accommodation b) Assimilation c) Encoding d) Retrieval

Answer: c) Encoding

Question 38: What term refers to the cognitive process of actively selecting and processing information from the environment? a) Perception b) Motivation c) Emotion d) Encoding

Answer: a) Perception

Question 39: According to Vygotsky, what is the term for the difference between what a child can do with help and what they can do independently? a) Assimilation b) Accommodation c) Scaffolding d) Zone of proximal development

Answer: d) Zone of proximal development

Question 40: Which cognitive process involves actively selecting and processing information from the environment? a) Perception b) Motivation c) Emotion d) Encoding

Answer: a) Perception

Question 41: What theory proposes that cognitive development occurs through stages, each characterized by distinct ways of thinking? a) Behaviorism b) Cognitivism c) Constructivism d) Piaget's theory

Answer: d) Piaget's theory

Question 42: What is the term for the cognitive process of organizing and categorizing information to make it easier to remember and retrieve? a) Accommodation b) Assimilation c) Encoding d) Retrieval

Answer: c) Encoding

Question 43: What is the term for the process of using evidence to make informed decisions or reach conclusions? a) Problem-solving b) Inquiry c) Critical thinking d) Decision-making

Answer: d) Decision-making

Question 44: What theory emphasizes the role of intrinsic motivation and the need for personal growth in the learning process? a) Behaviorism b) Cognitivism c) Humanism d) Constructivism

Answer: c) Humanism

Question 45: Which cognitive process involves actively selecting and processing information from the environment? a) Perception b) Motivation c) Emotion d) Encoding

Answer: a) Perception

Question 46: What is the term for the ability to adjust one's thinking to match the requirements of a task? a) Cognitive flexibility b) Cognitive development c) Cognitive load d) Cognitive schema

Answer: a) Cognitive flexibility

Question 47: What term refers to the cognitive process of actively selecting and processing information from the environment? a) Perception b) Motivation c) Emotion d) Encoding

Answer: a) Perception

Question 48: What theory suggests that learning occurs through the interaction between cognitive processes and the social environment? a) Behaviorism b) Cognitivism c) Social learning theory d) Constructivism

Answer: d) Constructivism

Question 49: What is the term for the cognitive process of organizing and categorizing information to make it easier to remember and retrieve? a) Accommodation b) Assimilation c) Encoding d) Retrieval

Answer: c) Encoding

Question 50: According to Piaget, what term refers to the process of adapting existing schemas to incorporate new experiences? a) Assimilation b) Accommodation c) Equilibrium d) Disequilibrium

Answer: b) Accommodation