

ಕ್ಷೇತ್ರ ಶಿಕ್ಷಣಾಧಿಕಾರಿಗಳ ಹಾಗೂ ಕ್ಷೇತ್ರ ಸಮನ್ವಯಾಧಿಕಾರಿಗಳ ಕಾರ್ಯಾಲಯ ವಿಜಯಪುರ ಗ್ರಾಮೀಣ ತಾಲ್ಲೂಕು, ಜಿ||
ವಿಜಯಪುರ.

ENGLISH NALIKALI LEVEL 1 AND 2 ALL TPR ACTIVITIES AND STEPS

ಪ್ರಕಾಶರಾವ ಬೊಂದರ್ಡೆ ಕ್ಷೇತ್ರ ಸಂಪನ್ಮೂಲ ವ್ಯಕ್ತಿಗಳು 9916609452

FIRST STANDARD TPR ACTIVITIES

1.MY BODY

TOTAL PHYSICAL RESPONSE

STAND UP

SITDOWN

WALK

STOP

TURN AROUND

2.MANASA'S FAMILY

STAND IN A STRAIGHT LINE

FORM A CIRCLE

SIT IN A SEMI CIRCLE

PUT YOUR BOOK IN THE BAG

PUT YOUR BOOK ON THE BAG

PUT YOUR BAG IN FRONT OF YOU

3.MY NEIGHBOURHOOD

JOIN YOUR HANDS

RAISE YOUR HAND

SECOND STANDARD TPR ACTIVITIES

1.MY BODY

TOTAL PHYSICAL RESPONSE

TAKE TWO STEPS FORWARD AND STOP

TURN AROUND AND TAKE THREE STEPS TO YOUR RIGHT

TURN AROUND AND TAKE TWO STEPS TO YOUR LEFT

TAKE THREE STEPS BACKWORDS

TURN TO YOUR RIGHT AND TAKE TWO STEPS FORWARD

TURN TO YOUR LEFT AND TAKE ONE STEP FORWARD

2.MANASA'S FAMILY

CLOSE YOUR BOOK AND KEEP IT IN THE BAG

PUT THE PENCIL IN THE BOX AND CLOSE IT

GATHER THE CARDS AND ARRANGE THEM IN THE BAG

TAKE YOUR BAG AND PUT IT ON YOUR BACK

STAND UP AND MAKE A LINE

SAY GOOD BYE AND GO HOME

3.MY NEIGHBOURHOOD

STAND IN 3 LINES FROM THE SHORTEST TO THE TALLEST

LINE ON THE LEFT,SIT AND CROSS YOUR LEGS.

OPEN YOUR BOOK

CLOSE YOUR BOOK

RAISE YOUR HANDS AND JOIN YOUR HANDS

OPEN YOUR BOOK AND CLOSE YOUR BOOK

4.COLOURS

POINT TO YOUR BAG

PICK UP YOUR BAG

PLACE THE BAG ON THE FLOOR

PULL OUT THE BOOK

SHOW ME THE BOOK

PUT IT BACK INTO THE BAG

5.NUMBERS

JUMP ONCE

HOP TWICE

STAMP THRICE

CLAP FOUR TIMES

WAVE FIVE TIMES

KNOCK SIX TIMES

6.ANIMALS AND BIRDS

BITE THE BISCUIT

CHEW THE CARROT

SWALLOW THE FOOD

LINE IN THE MIDDLE,KNEEL AND FOLD YOUR HANDS

LINE ON THE RIGHT, STAND AND CROSS YOUR ARMS

ALL THREE GROUPS,STAND,TURN AROUND AND TURN ALL

4.COLOURS

PICK UP A RED CARD AND PLACE IT IN THE CENTRE

TAKE THE BLUE CARD AND PLACE IT BESIDE THE RED CARD

**PICK UP TWO GREEN CARDS AND PLACE ONE ABOVE AND ONE
BELOW THE RED CARD**

**PICK UP THE YELLOW CARD AND PLACE IT BETWEEN THE RED
CARD AND THE BLUE CARD**

TAKE AN ORANGE CARD AND PLACE IT UNDER THE BLUE CARD

TAKE ANY CARD AND PLACE IT ON TOP OF THE ORANGE CARD

5.NUMBERS

TAKE 1 KNIFE AND WASH IT

CUT 2 LEMONS,AND SQUEEZE THEM

MEASURE 3 CUPS OF WATER AND ADD TO THE JUICE

ADD 4 SPOONS OF SUGAR AND STIR IT

TAKE 5 GLASSES AND POUR THE JUICE INTO THEM

PLACE THE GLASSES ON A TRAY AND SERVE THE JUICE TO ALL

6.ANIMALS AND BIRDS

FLY,GLIDE,SOAR AND SWOOP LIKE A BIRD

CREEP,CRAWL AND SLITHER LIKE A WORM

STRIDE,STALK AND POUNCE LIKE A TIGER

SUCK THE LOLLIPOP
LICK THE ICECREAM
SIP THE TEA
<u>7.TRANSPORT</u>
DRIVE YOUR BUS
ROW YOUR BOAT
FLY YOUR PLANE
PEDAL YOUR BICYCLE
KICK START YOUR MOTORCYCLE
RIDE YOUR HORSE

SWAY LIKE AN ELEPHANT AND GALLOP LIKE A HORSE
HOP LIKE A RABBIT AND SWIM LIKE A FISH
BUZZ LIKE A BEE AND HISS LIKE A SNAKE
<u>7.TRANSPORT</u>
GO
SLOW DOWN
STOP
AMBULANCE
GATE CLOSING
GATE CLOSED

THE TPR PROCESS HAS 6 STEPS

STEP:1-GIVE THE FIRST 3 COMMANDS WITH MODELLING(DO ACTION),GESTURING(SHOW ACTION WITH YOU HANDS) AND SPEAKING(SAY IT).GET STUDENTS TO FALLOW YOUR ACTION.REPEAT 3-4 TIMES.

STEP :2-GIVE THE COMMANDS WITH SPEECH AND ONLY GESTURES.DO NOT MODEL(3-4 TIMES)

STEP :3-GIVE THE COMMANDS ORALLY.DO NOT GESTURE OR MODEL (REPEAT 3-4 TIMES)

STEP :4-CALL OUT THE ALL 6 COMMANDS IN ORDER

STEP :5-JUMBLE THE COMMANDS AND CALL THEM OUT

STEP :6-CALL OUT A GROUP OF 3-4 CHILDREN TO RESPOND TO THE COMMANDS