

ಕಲಿಕಾಸಂಗಮ

ವಿದ್ಯಾಗಮದೇ
ಸುತ್ತಲಿನ ನಡೆ...



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VIDYAGAMA

Class : 7

ENGLISH

Approach: 01

HEALTHY LIFE

- Competencies :**
- 1) Interprets the meaning of short passage
 - 2) Recalls simple opposites of known words
 - 3) Responds to word grid
 - 4) Identifies the action word
 - 5) Differentiates the countable and uncountable noun

Activity : 01

Read the words given bellow. (Circle the words which you cannot read)

of	the	many	years	strong
it	all	they	clear	fruits
in	was	food	about	should
to	and	took	loved	people
as	ate	full	moods	forest
so	ago	were	daily	energy
on	joy	good	night	needed
	big	made	earth	drinks
	you	have	words	
		come		

Activity : 02

Read the meanings given bellow and copy them.

- healthy - physically strong , ಆರೋಗ್ಯಕರ
furious - very angry, ತುಂಬಾ ಕೋಪ
potion - a liquid with poisonous properties , ವಿಷ
desire - hope , ಆಸೆ , ಬಯಕೆ
uttering - say something , ಮಾತನಾಡುವುದು
explosion - blast with big sound , ಸ್ಫೋಟ
destroyed - damage , brake , ನಾಶ
leaping - jumping , ಜಿಗಿಯುವುದು
witches - women who are supposed to have magic power , ಮಾಟಗಾತಿಯರು

Activity : 03

Read the given passage and answer the following questions.

In the olden days everyone was very healthy, because they were eating varieties of food, fruits and vegetables. They also enjoyed walking, running, playing, and jumping. Everyone was full of joy. Because of this one of the witches got angry and called all the witches, to prepare a potion, in the forest. Those who drink it would lose the desire to live. While preparing the potion one of the witches made the mistake in uttering words. So there was a big explosion and the whole forest was destroyed.

FILL IN THE BLANKS

- 1) In the olden days ----- ate varieties of food, fruits and vegetables.
- 2) Everyone were full of -----
- 3) People enjoyed ----- , ----- and -----
- 4) Witches got -----
- 5) The witches prepared ----- in the forest .
- 6) Those who drink the potion would lose ----- to live .
- 7) One of the witches made a mistake in ----- words.

Activity : 04

Match the opposite words.

- | | | |
|-----------|---|--------------|
| day | - | disadvantage |
| more | - | short |
| advantage | - | waste |
| long | - | dark |
| sad | - | less |
| save | - | night |
| light | - | happy |

Activity : 05

Project Work :

Find fruits and vegetables from the word grid.

P	P	U	M	P	K	I	N	L	I	M	E
O	P	M	A	N	G	O	A	P	E	A	S
M	I	S	T	B	R	N	E	O	S	T	O
E	N	C	C	A	A	I	T	T	I	F	B
G	E	C	A	N	P	O	R	A	N	G	E
R	A	H	R	A	E	N	H	T	Z	K	A
A	P	I	R	N	S	N	H	O	Z	O	N
N	P	L	O	A	T	O	M	A	T	O	S
A	L	L	T	B	R	I	N	J	A	L	U
T	E	Y	V	C	A	B	B	A	G	E	B
E	R	A	D	I	S	H	G	U	A	V	A

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ENGLISH

Approach: 02

HEALTHY LIFE

Activity : 01

Read the words given bellow. (Circle the words which you cannot read)

day	tiny	small	result
boy	like	lying	liquid
new	nice	drink	bottle
not	germ	fully	anyone
few	wait	funny	change
eat	time	mouth	longer
for	long	cream	
eyes	jump	virus	
had	turn	worst	
	into		

Activity : 02

Read the meanings given bellow and copy them.

creatures	- living being , ಜೀವಿಗಳು
trapped	- a bad situation from which one cannot escape, ಸಿಕ್ಕಿ ಹಾಕಿಕೊಳ್ಳುವುದು
swamp	- an area of soft wet land, ಕೆಸರು
swallowed	- drink , ಕುಡಿಯುವುದು
germ	- small organism , ಸೂಕ್ಷ್ಮಾಣು
harm	- injury , ಗಾಯ
funny	- humorous, comedy , ತಮಾಷೆ
eventually	- finally, ಅಂತಿಮವಾಗಿ
lying	- to sleep , ಮಲಗು
worst	- bad , ಕೆಟ್ಟ
disease	- sick , ಕಾಯಿಲೆ

Activity : 03

Read the given passage and answer the following questions. (Paragraph 3 and 4)

All the witches became germs because of the explosion. They fell in the bottle, which had liquid in it, lying in the ground. A little boy found this bottle and drank it. The germs entered into his body and changed his likes and dislikes. Because of this the boy stopped eating healthy food and doing exercises. He started to waste his time by eating unhealthy food and watching television. As a result he

became ill. The germs also started to jump from one person to another. Thus all the people started to suffer from the disease of wasting life.

FILL IN THE BLANKS

- 1) All the witches became ----- because of the explosion .
- 2) They (germs) fell in the ----- which was in the ground .
- 3) A -----found the bottle .
- 4) The boy stopped eating ----- food .
- 5) The boy started to ----- television .
- 6) All the people suffered from the disease of -----

Activity : 04

Change the following words into plurals by adding 's', 'es' and 'ies'

- 1) horse 2) boy 3) egg 4) class 5) family
6) baby 7) dog 8) friend 9) mango 10) box

Activity : 05

Project Work:

Fill the health club application form

1	Name	
2	Father's Name	
3	Mother's Name	
4	Date Of Birth	
5	Age	
6	Gender	
7	Class	
8	Name of the school	
9	School Address	
10	Residential Address	

Place :

Date :

Signature with date

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ENGLISH

Approach: 03

HEALTHY LIFE

Activity : 01

Read the words given bellow. (Circle the words which you cannot read)

no	Get	best	could	little
or	Rid	cure	leave	strong
as	Joy	body	pills	effort
	Nor	soon	ended	joyful
		just		person
		some		sneeze
				remedy
				advice

Activity : 02

Read the meanings given bellow and copy them.

- discovered - find out something new, ಕಂಡುಹಿಡಿದು, ಅನ್ವೇಷಣೆ
vaccine - a treatment which makes the body resist and infection, ಲಸಿಕೆ
rid - to free, ತಪ್ಪಿಸಿಕೊಳ್ಳುವುದು
sneeze - to expel air from the mouth and the nose forcibly, ಸೀನು
pill - tablet, ಮಾತ್ರೆ
remedy - cure, ಪರಿಹಾರ

Read the given passage and answer the following questions.

Doctor Fitten – Healthy discovered the main cause of the disease. He said that there is no vaccine for this disease. He found out the best remedy for this disease was the person become healthy by eating fruits and vegetables, doing some exercise and lead a happy and joyful life. Whoever took the advice of Dr. Fitton became healthy and got rid of the wasting life disease. The witches could be removed by a sneeze. Everyone led happy and healthy life.

Answer the following Question.

- 1) Who discovered the medicine for disease?
- 2) What is the best remedy for the disease?
- 3) Is there any vaccine for this disease?

Activity : 04

Group these words into groups of countable and uncountable noun.

apple ,stars , eggs, bottle, money gas, oil, advice, love, happiness

COUNTABLE	UNCOUNTABLE
Eg : money	gas

Activity : 05

Project Work:

Find verbs and list it.

ago, walk, food , drink, come live, bottle, forest, witches, enjoy, help, eat, learn, jump, manage

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Class : 7

ENGLISH

Approach: 01

THE GYMNASTIC CLOCK

Competencies :

1. Understands the summary of the poem.
2. Identifies the rhyming words
3. Recites the poem

Activity : 01

Read the words given bellow. (Circle the words which you cannot read)

Me	Can	each	clock	little
Be	Now	face	plain	forget
As	Day	stop	talks	slowly
So	Way	very	right	Single
If	Say	head	hands	
Do	Its	like	above	
	Too	arms	lower	
		back	tired	
		look	boast	
		rise	round	
		just	swing	
		then		

Activity : 02

Read the meanings given bellow and copy them.

Exercise - physical activity , ವ್ಯಾಯಾಮ

Gymnastic - a sport involving physical exercises , ದೈಹಿಕ ವ್ಯಾಯಾಮ ಒಳಗೊಂಡ ಕ್ರೀಡೆ

Boast - pride , ಬಡಾಯಿ ಕೊಚ್ಚಿಕೊಳ್ಳುವುದು

Swing - to move , ಓಲಾಡುವುದು

Tired - need of rest , ಆಯಾಸ , ಸುಸ್ತಾಗುವುದು .

Activity : 03

Read the given passage and answer the following questions.

The poem “THE GYMNASTIC CLOCK” is written by M. C. Davies. The poet has a clock in his room, which is his friend. The clock reminds the poet to do morning exercise by extending his arms above his head and bring them down slowly. It asks the poet to do this exercise without stopping. The clock tells that, it does same exercise whole day. The poet replies that, he does not boast and tells, he too can move his hands. Each morning the poet and the clock look at each other and do their exercises.

ANSWER THE FOLLOWING QUESTIONS.

- 1) Who wrote the poem “THE GYMNASTIC CLOCK”?
- 2) Name the two characters in the poem.
- 3) What does the clock tell the speaker each morning?
- 4) Does the clock stop its exercise any time?

Activity : 04

Match the rhyming words.

1. me - day
2. raises - be
3. way - too
4. you - so
5. know - exercises

Activity: 05

Project Work:

Recite the poem “The Gymnastic Clock” with tone. (Refer page no. 17 of English text book)

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Class : 7

ENGLISH

Approach: 01

AVOID PLASTICS

Competencies :

- 1) Adds suitable suffixes
- 2) Learns to use nouns
- 3) Learns to develop 'WH' questioning skills
- 4) Rearranges the words in alphabetical order

Activity : 01

Read the words given bellow. (Circle the words which you cannot read)

Part	World	Anyone	Product
Wide	Carry	Common	Present
	Cheap	Treat	Created
	soil	Thrown	Lasting
		Remain	Moulded
			Heating
			packing

Activity : 02

Read the meanings given bellow and copy them.

Strange	: Unusual; ಹೊಸ, ಪರಿಚಯವಿಲ್ಲದ
Product	: something is that is grown or made; ವಸ್ತು
Demonstrated	: an act of explaining and showing: ಪ್ರದರ್ಶನ
Avoid	: keep away; ತಡೆಗಟ್ಟು
Exhibition	: a display; ಪ್ರದರ್ಶನ
Inexpensive	: cheap; ಕಡಿಮೆ ಬೆಲೆಯ
Moulded	: give shape; ರೂಪ ನೀಡು
Material	: a physical substance that things can be made from; ಮೂಲ ವಸ್ತು
Disposable	: meant to be used once and thrown; ಉಪಯೋಗಿಸಿ ಬಿಸಾಡುವುದು
Decompose	: decay, rot; ಕೊಳೆತು ಹೋಗುವುದು
Enormous	: very large, huge; ದೊಡ್ಡದಾದ
Hazards	: risky, dangerous; ಅಪಾಯಕಾರಿ
Migration	: move from one place to another; ಒಂದು ಪ್ರದೇಶದಿಂದ ಇನ್ನೊಂದು ಪ್ರದೇಶಕ್ಕೆ ಹೋಗು
Concentrated	: large amount of something in particular place; ಕೇಂದ್ರೀಕೃತವಾದ ಪ್ರದೇಶ
Non-biodegradable	: not capable of being decomposed: ಕೊಳೆತು ಹೋಗದೆ ಇರುವ ವಸ್ತು

Activity : 03

Read the given passage and answer the following questions.

“Avoid Plastics” is the lesson in which we should learn more about plastics. The author says that it is the right time to say no to plastic. Why? Plastic is a non-biodegradable substance and it causes great threat to the environment. Everyone is familiar with plastic in one way or the other. Every where we can see plastics and it has become part and parcel of our life. Alexandar Parkes created the first man made plastic. It was first demonstrated in International Exhibition in London. Parkesine was its first name. Inexpensive, long lasting, easy to make, colourful, moulded into any shape we desire are the major properties of plastic made it to wide and common use. It is thin and light, so it is widely used to carry bags and packing materials. People dispose the plastic everywhere causing environmental hazards. They remain in the soil since it is non- biodegradable

Questions:

- 1) Plastic is a _____ substance.
- 2) _____ created the first man made plastic.
- 3) Where it was first demonstrated?
- 4) _____ was its first name.
- 5) Mention the two uses of Plastic.

Activity : 04

Choose the correct suffix from the table given bellow.

Ful	able	ous	ness	less	ive	some
-----	------	-----	------	------	-----	------

- | | | | |
|------------|---|------------|---|
| 1) Aware | - | 5) trouble | - |
| 2) Care | - | 6) glory | - |
| 3) Regard | - | 7) spot | - |
| 4) Comfort | - | | |

Activity : 05

Project Work :

Rearrange the words in alphabetical order as you find them in the dictionary.

1. plastic, cheap, mould, dispose, hazard
2. decompose, enormous, reduce, damage, marine
3. abolish, cause, compel, create, degrade
4. product, present, pollute, problem, profit

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Class : 7

ENGLISH

Approach: 02

AVOID PLASTICS

Activity : 01

Read the words given bellow.

Dump	risks	damage	chemical	degrades
Coast	toxic			
harm				

Activity : 02

Read the meanings given bellow and copy them.

Environment	: surroundings; ಪರಿಸರ, ನಮ್ಮ ಸುತ್ತಮುತ್ತ
production	: creating something ಉತ್ಪಾದನೆ
toxic	: poisonous ವಿಷ, ರಸಾಯನಿಕ ವಸ್ತು
recycle	: convert waste to reusable material; ಇನ್ನೊಮ್ಮೆ ಉಪಯೋಗಿಸಬಲ್ಲ ವಸ್ತು
degrade	: low value ಕಡಿಮೆ ಮೌಲ್ಯದ, ಕೆಳದರ್ಜೆಯ
impact	: an effect; ಪ್ರಭಾವ ಬೀರು
global warming	: the increase in temperature of earth's atmosphere; ಭೂಮಿಯಲ್ಲಿ ಬಿಸಿ ಹೆಚ್ಚಾಗುವುದು
dispute	: argument; ಜಗಳ
marine	: found in sea; ಸಮುದ್ರ ಜೀವಿಗಳು

Activity : 03

Read the given passage and answer the following questions.

The production and disposal of plastic cause serious damage to environment. So the usage of plastic should be minimized. A single plastic sheet can take thousands of years to rot. It can affect the food chain. It is one of the main causes for global warming. The waste plastic dumped in river cause water pollution, it can affect the marine life. Those who are getting profit from plastic are trying to oppose the harm that it causes. We can't completely stop the use of plastic but minimize its production and use. It is necessary for healthy future.

Questions :

- 1) The production and disposal of _____ cause serious damage to environment.
- 2) A single plastic sheet can take _____ of years to rot.
- 3) What do you mean by global warming?
- 4) What are the main effects of maximum use of plastics?

Activity : 04

Find out the noun forms of the words given below. Use a dictionary if necessary:

Example : born - birth

- 1) marry - _____
- 2) graduate - _____
- 3) high - _____
- 4) impress - _____
- 5) inspire - _____
- 6) perform - _____

Activity : 05

Project Work :

Fill in the blanks with suitable question words from the bracket.

[why, which, when, where, what, who, whom and how]

Example : **Why** is plastic pollution concentrated in big cities?

1. _____ did the train leave?
2. _____ do you want from me?
3. _____ of the road is shorter?
4. _____ will you reach there?
5. _____ did you come? (by bus or by train?)
6. _____ is your sister crying so loudly?

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Class : 7

ENGLISH

Approach: 01

AWARENESS

- Competencies:** 1) Identifies the qualifying words.
2) Recites the poem
3) Develops writing skill

Activity : 01

Read the words given bellow. (Circle the words which you cannot read)

glass	broken	pouring	destined
grass	wadded	concrete	
awful	tossed	tearing	
mills			

Activity : 02

Read the meanings given bellow and copy them.

Charred	: half-burnt ; ಅರ್ಧ ಉರಿದ
Wadded	: papers bundled together ; ವೃತ್ತಪತ್ರಿಕೆಗಳನ್ನು ಸೇರಿಸಿ ಕಟ್ಟಿರುವುದು
toss	: throw carelessly ; ಎಲ್ಲೆಂದರಲ್ಲಿ ಬಿಸಾಕುವುದು
insecticides	: chemical used to kill insects; ಕ್ರಿಮಿನಾಶಕ
crude	: not refined ; ಕಚ್ಚಾ
destined	: determined earlier ; ಮೊದಲೆ ನಿರ್ಧರಿಸಿದ
awful doom	: great destruction ; ಅಪಾರ ಪ್ರಮಾಣದ ಹಾನಿ
fume	: a gas or vapour that smells strongly ; ಹೊಗೆ
emitting	: giving out ; ಹೊರಬರುವ
desolate	: empty/lonely ; ಖಾಲಿಯಾದ
caustic	: burning by chemical action ; ರಾಸಾಯನಿಕ ಕ್ರಿಯೆಯಿಂದ ಉರಿದ
awareness	: having knowledge of ; ಅರಿವುಳ್ಳ
heed	: pay careful attention ; ಗಮನವಿಡು
stake	: put at risk; ತೊಂದರೆಗೆ ಒಳಪಡಿಸು

Activity : 03

Read the given passage and answer the following questions.

This poem by Sylvia Stults is about environmental degradation caused by man's reckless activities. In this poem the poet warns us to be aware about the environment which we live in. We can see the broken bottles, half burnt glasses, papers and all kinds of waste here and there. The people throw unwanted solids carelessly and it causes the environment pollution. We live in this polluted environment. Our food is contaminated with poisonous insecticides and pesticides since it is sprayed on the crops.

Thick crude oil is mixed in the sea and oceans, cause great destruction to aquatic plants and animals. We consume this type of poisonous food. Industries throw out the poisonous gases and pollute the air which we breathe. All people should be aware of pollution and take necessary action. Otherwise the whole mankind may be destroyed in the future years.

Questions:

- 1) Who wrote the poem “Awareness”?
- 2) Name the things that are thrown on the grass.
- 3) Name the two water bodies that are polluted.
- 4) What are sprayed on the crops?
- 5) In what ways can we solve these problems?

Activity : 04

Qualifying words

Broken bottle

thick oil

Here, the expressions ‘**broken**’ and ‘**thick**’ tell us about the existence of some qualities of Bottles and oil respectively

There are a few more ‘qualifying words’ in the poem and list them.

Activity : 05

Project

Answer the following.

1. How many trees are there in your home surroundings?
2. Write the uses of the trees?

&&&&&&&