

Competition Cosmos

Important Days & Themes 2019 (Part 1)

Date	Day	Theme/Aim
1 st January 2019	Global Family Day	Theme: "One Day In Peace"
1 st January 2019	Defence Research and Development Organisation (DRDO) Day	To develop state of the art weapon system for the country's armed forces.
4 th January 2019	World Braille Day	To commemorate the importance of braille.
9 th January 2019	Bharatiya Pravasi Day or Non Resident Day	Theme: "Role of Indian Diaspora in building New India"
10 th January 2019	World Hindi Day	To spread the greatness of Hindi language
11 th January 2019	Missionary day	It commemorates the arrival of the first two Christian missionaries to the area in 1894.
12 th January 2019	National Youth Day	Theme: "Let's Bring Change to the World".
15 th January 2019	Indian Army Day	Theme: NATION FIRST
24 th January 2019	National Girl Child Day	Theme: Empowering Girls for a Brighter Tomorrow
24 th January 2019	International Day of Education	Focus on improving the universal quality of education
25 th January 2019	National Voters Day	Theme : No voter to be left behind
25 th January 2019	National Tourism Day	To raise awareness of the importance of tourism for the country's economy.
26 th January 2019	Republic Day	Theme: 'Gandhi'
26 th January 2019	International Customs Day	Theme: "Smart Borders for Seamless Trade, Travel and Transport".
27 th January 2019	International Holocaust Remembrance Day	Theme: Holocaust Remembrance: Demand and Defend Your Human Rights
27 th January 2019	World Leprosy Day	Theme: 'ending discrimination, stigma and prejudice'.
28 th January 2019	Data Privacy Day	Theme: Respecting Privacy, Safeguarding Data and Enabling Trust
30 th January 2019	National Martyr's Day or Sarvodaya Day or Shaheed Diwas	To pay homage to the victims who fought for the freedom, welfare and progress of the India and sacrificed their lives.
2 nd February 2019	World Wetlands Day	Theme: "Wetlands and Climate Change".

4th February 2019	World Cancer Day	Theme: "I Am and I Will"
4th – 10th February 2019	National Road Safety Week	Theme: Sadak Suraksha-Jeevan Raksha
6th February 2019	International Day of Zero Tolerance for Female Genital Mutilation	Aim: Celebrated as part of the UN's efforts to eradicate female genital mutilation.
10th February 2019	World Pulses Day	Aim: To highlight the contribution of Pulses to sustainable food production and towards food security and nutrition.
10th February 2019	National Deworming day	Aim: To deworm all preschool and school-age children between the ages of 1-19 years.
11th February 2019	Unani Day	Aim: For the distribution of AYUSH Awards for Unani Medicine
11th February 2019	International Day of Women and Girls in Science	Theme: "Investment in Women and Girls in Science for Inclusive Green Growth."
11th February 2019	World Day of the Sick 2019	--
12th – 18th February 2019	National Productivity Week	Theme: Circular Economy for Productivity & Sustainability
13th February 2019	World Radio Day	Theme: Dialogue, Tolerance and Peace.
20th February 2019	World Day of Social Justice	Theme: If You Want Peace & Development, Work for Social Justice
21st February 2019	International Mother Language Day	Theme: Indigenous languages as a factor in development, peace and reconciliation
24th February 2019	Central Excise Day	Aim: To encourage the Employees of excise department to carry out the central excise duty all over India in better way.
27th February 2019	World NGO day	Aim: To inspire people to become more active and encourage to be involved within NGOs and both the public and private sector for the betterment of society.
28th February 2019	National Science Day	Theme: Science for the People, and People for the Science
28th February 2019	Rare Disease Day	Theme: Bridging health and social care
1st March 2019	Zero Discrimination Day	Theme: "Act to change laws that Discriminate"
3rd March 2019	World Wildlife Day	Theme: "Life Below Water: For people and planet".
4th March 2019	National Security Day and National Safety Day	--
8th March 2019	International Women's Day	Theme: "Think equal, build smart, innovate for change"

10th March 2019	National Immunisation Day	--
14th March 2019	World Kidney's Day	Theme: Kidney Health for Everyone Everywhere.
15 March 2019	World Sleep Day	Theme: "Healthy Sleep, Healthy Aging"
15 March 2019	World Consumer Rights Day	Theme: "Trusted Smart Products"
20 March 2019	World Sparrow Day	Theme: "I Love Sparrows"
20 March 2019	International Day of Happiness	Theme: "Happier Together"
21 March 2019	International Day for the Elimination of Racial Discrimination	Theme: Mitigating and countering rising nationalist populism and extreme supremacist ideologies".
21 March 2019	World Down Syndrome Day	--
21 March 2019	World Poetry Day	--
21 March, 2019	International Day of Forests 2019	Theme: Forests and Education – Learn to Love Forests
22 March 2019	World Water Day	Theme: Leave No One Behind.
22 March 2019	107th Bihar Diwas	Aim: To commemorate the day when Bihar was carved out of the Bengal Presidency in the year 1912.
23 March	Shaheed Divas or Martyr's Day	--
23 March	World Meteorological Day	Theme: The Sun, the Earth and the Weather"
24 March	World Tuberculosis Day	Theme: 'It's time
26 March	World Purple Day	Aim: To share stories and start conversations about epilepsy and to raise funds.
27 March	World Theatre Day	--
30th March	World Rajasthan Day	--
April 1-7	Prevention of Blindness Week	To alert and awaken the society towards various factors which causes blindness
April 2	World Autism Awareness Day	Theme: Assistive Technologies, Active Participation
April 4	International Mine Awareness Day	Theme: 'United Nations Promotes SDGs- Safe Ground- Safe Home'
April 5	National Maritime Day	Theme: "Indian Ocean- An Ocean of Opportunity"
April 6	International Day of Sport for Development and Peace	
April 7	World Health Day	Theme: Universal Health Coverage: everyone, everywhere"
April 7-13	World Allergy Week 2019	The theme for World Allergy Week 2019 is "The Global Problem of Food Allergy".
April 10	World Homeopathy Day	
April 11	National Safe Motherhood Day (NSMD)	The theme of 2019 NSMD is "Midwives for Mothers".
April 11	World Parkinson's Day	Parkinson's disease is a progressive nervous system disorder.

April 12	International Day of Human Space Flight	
April 12	International Day for Street Children	Aim: To give a louder voice to the millions of street children all around the world so their rights cannot be ignored.
April 13	Rajouri Day	Aim: To commemorate the bravery and valour of the soldiers who laid down their lives for the liberation of Rajouri district
April 17	World Haemophilia Day	The theme for 2019 is "Reaching out - connect to your community."
April 18	World Heritage Day	Theme: Rural Landscapes.
April 21	Civil Services Day	Not Observed due to Lok Sabha elections.
April 22	Annual Earth Day	Theme: 'Protect Our Species'.
April 23	English Language Day	Commemorate both the birthday and date of death of William Shakespeare.
April 23	World Book Day	
April 24	National Panchayati Raj Day	
April 25	World Malaria Day	Theme: Zero Malaria Starts with Me
April 26	World Intellectual Property Day	Theme: Reach for Gold: IP and Sports
April 28	World Veterinary Day 2019	The theme for the day is the Value of Vaccination
April 29	International Dance Day	Aim: To celebrate dance, revel in the universality of this art form, cross all political, cultural and ethnic barriers and bring people together with a common language which is the dance.
April 24-30	World Immunization Week	
April 30	Ayushman Bharat Diwas	Aim: To create awareness about the National Health Protection Mission and verify and update details in the Socio-Economic and Caste Census database.
May 1	International Workers' Day	"Sustainable Pension for all: The Role of Social Partners".
May 1	Gujarat and Maharashtra foundation day	In 1960, two western states Gujarat and Maharashtra were formed from Bombay state.
May 2	World Tuna Day	It is observed to raise awareness about the importance of tuna and to promote more sustainable fishing practices. Started in 2017.
May 3	World Press Freedom Day	Media for Democracy: Journalism and Elections in Times of Disinformation"
May 3	National Space Day	Every Year National Space Day is celebrated on the first Friday of May to promote Science, Technology, Engineering and Mathematics (STEM) fields among young people.

May 4	Coal Miners Day	Highlight the toughest profession and the people working in coal mines.
May 5	World Laughter Day	World Laughter Day is celebrated on the first Sunday of May every year. It is a day to raise awareness about laughter and its many healing benefits. First celebrated in 1998.
May 5	International Midwives Day	"Midwives: Defenders of Women's Rights"
May 6	International No Diet Day	This day is celebrated to promoting a healthy lifestyle and raise awareness of the dangers and futility of dieting.
May 7	World Asthma Day	'STOP for Asthma'.
May 8	World Red Cross Day	#Love.
May 8	International Thalassaemia Day	Universal access to quality thalassaemia healthcare services: Building bridges with and for patients. "
May 9	Birth Anniversary of Rabindranath Tagore	Rabindranath Tagore 158th birth anniversary, also known as Pochise Boishakh 2019. He is the only known person to have written the national anthems for two different countries.
May 11	National Technology Day	Science for People and People for Science".
May 11 and October 12	World Migratory Bird Day	The day is celebrated every year to raise awareness of issues affecting migratory birds. The theme for 2019 is : "Protect Birds: Be the Solution to Plastic Pollution!"
May 12	International Nurses Day	"Nurses – A Voice to Lead – Health for All".
May 15	International Day of Families	"Families and Climate Action: Focus on SDG 13".
May 16	Sikkim Foundation Day	On 16 May 1975 that Sikkim, India's least populous state officially became a part of India after 36th constitutional Amendment.
May 16	International Day of Light	IDL aims to raise awareness of the critical role light-based technologies play in our lives, elevating science, technology, art, and culture to help achieve the goals of UNESCO – education, equality, and peace.
May 16	National Dengue Day	It is observed to create awareness about dengue; and to intensify preventive measures and preparedness for the control of disease in the country before transmission season starts.
May 17	World Telecommunication and Information Society Day	"Bridging the standardisation gap".

May 20	World Bee Day	It is celebrated to raise awareness of the importance of bees.
May 20	World Metrology Day	The International System of Units - Fundamentally better
May 21	Anti-Terrorism Day	It is observed to raise awareness about the violence caused by the terrorists and also in the memory of former Indian PM Rajiv Gandhi.
May 22	International Day for Biological Diversity	'Our Biodiversity, Our Food, Our Health'.
May 29	International Everest Day	Nepal decided to observe the International Everest day as International Everest Day since 2008, when the legendary climber Hillary passed away.
May 29	International Day of UN Peacekeepers	"Protecting Civilians, Protecting Peace"
May 31	World No Tobacco Day	Tobacco and lung health."
1st June 2019	World Milk Day	Theme: "Drink Milk: Today & Everyday."
1st June 2019	Global Day of Parents	Theme: "Honor Your Parents"
2nd June 2019	Telangana State Formation Day	--
3rd June 2019	World Bicycle Day	--
4th June 2019	International Day of Innocent Children Victims of Aggression	--
3rd June to 7th June 2019	Financial Literacy Week	Theme: 'Farmers'
5th June 2019	World Environment Day	Theme: "Beat Air Pollution"
7th June 2019	World Food Safety Day	Theme: "Food Safety, everyone's business".
8th June 2019	World Oceans Day	Theme: "Gender and Oceans"
12th June 2019	World Day Against Child Labour	Theme: Children shouldn't work in fields, but on dreams!
13th June 2019	International Albinism Awareness Day	Theme: Still Standing Strong.
14th June 2019	World Blood Donor Day	Theme: Blood Donation and Universal Access to Safe Blood Transfusion.
17th June 2019	World Day to Combat Desertification and Drought	Theme: "Let's grow the future together."
20th June 2019	World Refugee Day	Theme: Take A Step on World Refugee Day.
21st June 2019	Fifth International Yoga Day	Theme: Climate Action
26th June 2019	International Day Against Drug Abuse and Illicit Trafficking	Theme: 'Health for Justice. Justice for Health'.
27th June 2019	MSME Day	Theme: Big Money For Small Business: Financing the SDGs.
29th June 2019	Statistics Day	Theme: Statistics Day is Sustainable Development Goals.